Relaxed Family Concert

Pictures at an Exhibition

PRE-VISIT STORY
I am going to the *Pictures at an Exhibition* concert at Orchestra Hall.

This is where the Minnesota Orchestra performs music.
The title of the concert is *Pictures at an Exhibition*.

Some of the music is loud, and some is soft. Some of the music is fast, and some is slow.

Some of the music was written about paintings or drawings.

I can look at new drawings that an artist made to go with the music while the orchestra plays.
I can participate in an art activity before or after the concert.

The art materials I touch can be very different. Some materials will feel soft, and some will feel hard. Some materials will feel wet, and some will feel dry. I can pick the materials that I like.
I can see, touch, and hear musical instruments before or after the concert.

I can sing, move, and dance to the music if I want to.

The music activity can be loud when the instruments are played.

If the sounds are too loud, I can cover my ears, wear headphones, or go to a quiet area.
Folktale activity

I can listen to a folktale before or after the concert. A folktale is an old story that people have told many times.

The folktale I will hear is about Baba Yaga. Baba Yaga is an old witch who lives in the woods. She is a character someone made up.

I might feel scared when I hear the stories about her. I can remember that the stories are pretend. I can tell the person I came with that I feel scared and they can help me feel safe.
Dance activity

I can meet dancers before or after the concert.

I can move my body to the music like the dancers.

I can watch the dancers perform and ask them questions.

Other people will want to ask the dancers questions, too. I can wait my turn to ask my question.
A caricaturist is an artist who draws silly pictures of people. There will be a caricaturist in the lobby. I can ask the caricaturist to draw my picture.

I can take a picture in the photo booth so I can remember going to see the Minnesota Orchestra at Orchestra Hall.
Meeting musicians

I can meet musicians from the Orchestra and see or listen to their instruments.

I can ask the musicians questions about the instruments or the concert.

Other people will want to ask the musicians questions, too. I can wait my turn to ask my question.
If I need to take a break, I will tell the person I came with.

I can leave the lobby activities or the concert anytime I want to go to a quiet area.

I can relax in the quiet areas. I can use the tools in the quiet areas to help my body feel calm.
When the Orchestra is on the stage, I will see a person standing in front of the Orchestra. This person is called the conductor. The conductor uses a stick called a baton to lead the Orchestra.

I will see the conductor move the baton in the air to let the musicians know how fast or slow to play the music.

Today’s conductor is Chia-Hsuan Lin.
The concert has a host. The host tells us what will happen during the concert.

G. Phillip Schoultz, III is today’s host. Phillip is a conductor, educator, singer, and speaker.
An orchestra is a group of musicians playing different instruments.

Sometimes the musicians play together and sometimes they take turns.
When I am in the concert hall, I will see white cubes on the ceiling and walls.

During the concert, the cubes will have pictures on them.

The pictures are new drawings that an artist made to go with the music.

Parts of the pictures will move while the orchestra plays.
I can answer questions that the host asks the audience during the concert.

I can dance, clap, or conduct along with music.
Everyone attending the concert is here to experience music.

When I listen to music, I may feel an emotion. People often express feelings about the music by humming, singing, or waving their arms.

I can wear headphones or cover my ears if I like quieter sounds. If I am feeling overwhelmed, I can go to a new seat or a quiet area to listen to the music.
When the concert is over, the conductor and musicians will stand up and bow.

I can clap or say “Bravo” to let the musicians know I liked the concert.
After the concert, I will leave my seat and walk in the aisle to leave the concert hall. All the people will leave the concert hall at the same time. The aisles will be crowded. I will walk slowly while leaving the concert hall.
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